



Please join us for a briefing on  
the importance of physical activity for girls in honor of  
***National Girls and Women in Sports Day***



Girls Incorporated  
120 Wall Street  
New York, NY 10005-3902  
Phone (212) 509-2000  
FAX (212) 509-8708  
communications@girlsinc.org  
www.girlsinc.org

February 2 marks the 25<sup>th</sup> annual celebration of National Girls and Women in Sports Day, a day to celebrate and promote girls' and women's participation and excellence in sports. NGWSO is marked annually with events around the country and on Capitol Hill to commemorate the achievements of girls and women in athletics.



Girl Scouts of the USA  
420 Fifth Avenue  
New York, NY 10018-2728  
Phone (212) 852-8000  
FAX (212) 852-6515  
misc@gsusa.org  
www.girlscouts.org

Our 2011 theme is **“Play, Believe, Achieve,”** and our advocacy efforts are focused on ensuring that girls and women have access to physical fitness opportunities. Being physically active can have a profound impact on the life of a woman or girl. Sports participation not only has tremendous health benefits, but also increases graduation rates and lowers rates of substance abuse and teen pregnancy.



National Association for  
Girls & Women in Sport  
1900 Association Drive  
Reston, VA 20191  
Phone (703) 476-3450  
FAX (703) 476-4566  
nagws@aahperd.org  
www.aahperd.org/nagws

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**Wednesday, February 2, 2011**

**9:30-10:30am**

**Room 2168, Rayburn House Office Building**

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**Featured Speakers:**

**THE IMPORTANCE AND  
BENEFITS OF SPORTS**

*Betsy Stevenson  
The Wharton School  
University of Pennsylvania*

*Heather O'Reilly  
Two-Time Olympic Soccer Gold Medalist  
Women's Sports Foundation*

*Undria Thomas, 15 years old  
Member, Girls Inc. of Columbus & Phenix-Russell  
Freshman, Jordan High School, Columbus, GA*



National Women's Law Center  
11 Dupont Circle NW, Suite 800  
Washington, DC 20036  
Phone (202) 588-5180  
FAX: (202) 588-5185  
www.nwlc.org

**ON THE GROUND NEED FOR  
LEGISLATION**

*Peg Pennepacker,  
Assistant Principal & Athletic Director  
Susquehanna Township School District (PA)*



Women's Sports Foundation  
Eisenhower Park  
1899 Hempstead Turnpike, Ste. 400  
East Meadow, NY 11554  
Phone (516) 542-4700  
FAX (516) 542-4716  
info@WomensSportsFoundation.org  
www.WomensSportsFoundation.org

**OVERVIEW OF THE CAROL  
WHITE PHYSICAL  
EDUCATION PROGRAM AND  
THE HIGH SCHOOL DATA  
COLLECTION BILLS**

*April Osajima  
Public Policy Director, Girls Inc.*

*Neena Chaudhry  
Senior Counsel  
National Women's Law Center*

**RSVP**

Please RSVP to Amanda Harris at [alharris@nwlc.org](mailto:alharris@nwlc.org) or 202-956-3078.  
*There is no fee to attend. Refreshments will be provided on a first-come, first-served basis.*